# Runnin' in the Rain Formula ~~How wetness vary between <br> running and walking in the rain?~~ 

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## In a TV program

- There was a question "Is it true that the amount of wetness is the same whether you walk or run in the rain?"
- Clearly it is not true. We can find it by an easy thought experiment:


Not very wet


Soaked!

## Why such a superstition appeared?

* We minded that the folk belief asserts "the same."
$\rightarrow$ A logical ground should exist!


## then

- We considered.


## as a result

- We obtained a very simple formula approximating the relation of the amount of wetness between walking and running in the rain.
- This talk is just such a (very easy) story ...


## First: a simplest model

- A human is represented by a vertical line segment.

- If you run through in an instant, ...

First: a simplest model
- If you run at the same speed as the falling rain, ...

- Regardless of how fast you walk, the area of the parallelogram is the same, and thus the wet amount is the same.

Clearly this model is not appropriate.

- Under this model, even if you stand all day in a heavy rain, you never wet!?

- The same phenomenon as this


Not very wetan in in the Rain Formula, vcccarasoaked!

Why that model was wrong? (But it is clear!)

- A human has thickness!



## A rectangle model

## - A human is approximated by a rectangle.




## A rectangle model



## Try to substitute actual values

$w_{0}$ : normal walking speed, $w=x w_{0}$

$$
S=1+\frac{b v}{a w}=1+\frac{b v}{a w_{0} x}
$$

- Substitute actual values for $a, b, v$, and $w_{0}$.
$a$ (hight): $150 \sim 180 \mathrm{~cm}->165 \mathrm{~cm}=1.65 \mathrm{~m}$
$b$ (body thickness): $25 \sim 30 \mathrm{~cm}->27.5 \mathrm{~cm}=0.275 \mathrm{~m}$
$w_{0}$ (walking speed): $4 \mathrm{~km} / \mathrm{h}->1.11 \mathrm{~m} / \mathrm{s}$
$v$ (rain fall speed): $6 \sim 8 \mathrm{~m} / \mathrm{s} \rightarrow 7 \mathrm{~m} / \mathrm{s}$

$$
S=1+\frac{b v}{a w_{0} x}=1+\frac{0.275 \times 7}{1.65 \times 1.11 x}=1+\frac{1.051 \ldots}{x}=1+\frac{1}{x}
$$

## Does any problem remain?

- Q1: Is a rectangle OK?
- A1: OK. The body shape does not matter much!



## Any other problem?

Q2: Does your body lean forward when you run?

- A2: No! Almost upright!

Photos of the 100 m final in the Rio Olympic games from NHK video (deleted due to rights).

## Runnin' in the Rain Formula

- The wet amount of an average sized person walking at normal speed in the rain (not drizzle) without strong wind is normalized as one. Then the wet amount of him/her running/walking $x$ times faster in the same condition is approximated as

$$
\operatorname{RiR}(x)=0.5 \times\left(1+\frac{1}{x}\right)
$$

## Related researeh

－A webpage：「雨のときは「歩く」「走る」のどちらが，ぬれにくいの？同じかと思いきやまったく違う結果に」（こーじ／YouTubeチャンネル）
－https：／／nlab．itmedia．co．jp／nl／articles／1801／24／news105．html
－simulation：comparing walking（ $4 \mathrm{~km} / \mathrm{h}$ ）and running（ $16 \mathrm{~km} / \mathrm{h}$ ），i．e．，$x=4$ ．
－Result：
－Walking：246＋328＝574（drops）
－Running（x＝4）：252＋99＝341（drops）
－ $341 / 574=0.594$ ．
－From our formula：
－ $0.5(1+1 / 4)=0.625$ ．
－Almost the same！
－（by considering the significant digits．）


## Importance of the Runnin' in the Rain Formula

- Certainly obtaining a similar formula is not difficult. In fact, we can find many results on this topic on the web.
- Any result, however, has not derived simple formulae as ours.
- The importance of Runnin' in the Rain Formula is that the relation can be approximated in such a simple formula in the average case. We consider that this has not been given so far.

$$
\operatorname{RiR}(x)=0.5 \times\left(1+\frac{1}{x}\right)
$$

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- Obs. 1: No matter how fast you run (even at the speed of light), you will only get half as wet at most. (Thus we may say "the amount of wetness is not so different whether you walk or run in the rain.")
- Obs. 2: From $\lim _{x \rightarrow 0} \operatorname{RiR}(x)=\infty$, you will get wet as much as you want by walking slowly.

